



Characteristics of spirit-based activism

Time

60 minutes

Materials

Flipchart, markers, tape, paper, pens.

Purpose

To identify characteristics of spirit-based activism and obstacles to it and how we can stay true to the promptings of love and truth in our hearts.

Preparation

Pre-write the questions on flip, one question for each page, so that responses can be added. Print out the questions, one copy for each participant.

This activity works best with groups that assume a faith or spiritual basis for their social change work. The questions are generic, but you may want to replace “spirit-based” with something more specific to the group.

Description

Explain the purpose of the session and how it will work. Divide the group into smaller groups of 4.

Read through the questions and hand out the printed copies, one each. Invite everyone to reflect individually on their own answers. (2m). Decide in your group who is the A-pair and who the B-pair.

A-pairs first: separate and each choose a different B pair not in your group, where you'll team up with an A from another group to interview a B-pair. A-pairs ask the questions, you might want to take turns, Bs answer. Allow 5-minutes.

- *What would you say are key characteristics of spirit-based activism?*
- *Which of those is strongest in you?*
- *What are the obstacles/challenges for you as a spiritually-based activist?*
- *What support do you need to be more effective in your spirit-based activism? How could I get it?*

A-pairs are listeners and note-takers, Bs are the interviewees.

A-pairs return to your home group and report back your findings (10 mins)

B-pairs: repeat (5 mins)

Report back to whole group (10 mins)





Debrief

Scribe on separate flipsheets for each question:

What came out of those conversations?

What can we say as a group?

How does this help?

What will we do?

